

# BREAKFAST



CASAS RURALES - RESTAURANTE

**+34 922 804 201**

[www.amparolashayas.com](http://www.amparolashayas.com)

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Casas Rurales y Restaurante Tradicional  
Ctra. Las Hayas, 13, 38870  
Valle Gran Rey (La Gomera)  
Islas Canarias - España



## BREAKFAST MENU

### **Walker's breakfast menu**

(scrambled eggs, bacon, two slices of toast, goat cheese, gofio kneaded with honey, orange juice and coffee and milk)..... € 7.00

### **Mediterranean breakfast menu**

(two slices of toast, butter, marmalade, honey, cooked ham, orange juice and coffee with milk)..... € 7.00

### **Fitness breakfast menu**

(Greek yoghurt, oatmeal, honey, nuts, orange juice, banana and coffee with milk)..... € 7.00

### **Spanish breakfast menu**

(slice of toasted bread with Serrano ham and tomato with olive oil and coarse salt, orange juice and coffee with milk)..... € 6.00

### **Chic-Love menu**

(slice of avocado, boiled ham and rocket, coffee with milk, orange juice and glass of champagne)..... € 8.00

### **Brunch menu (2 pax)**

(glass of champagne, orange juice, coffee, a selection of breads, butter, strawberry jam, cream cheese, smoked salmon, scrambled eggs, serrano ham, tumaca, avocado)..... € 22.00

*Amparo*

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## SNACKS

Chees and ham.....	€ 2.50
Ham and tomato.....	€ 2.50
Canarian ham and tomato.....	€ 3.00
Canarian ham and goat cheese.....	€ 3.00
Serrano ham and olive oil.....	€ 3.00
Serrano ham, tomato and olive oil.....	€ 3.00
French omelette.....	€ 3.00
Spanish omelette.....	€ 3.50
Chicken.....	€ 3.00
Carne mechada (larded meat).....	€ 3.00
Bacon with salad.....	€ 3.00
American.....	€ 3.50
Loin, cheese and salad.....	€ 3.00

## SANDWICHES

Mixed sandwich .....	€ 3.00
American sandwich.....	€ 3.50

## TAPAS

Spanish omelette.....	€ 3.50
Spanish potato salad (ensaladilla rusa).....	€ 3.50
Salad of vegetables & tuna (salpicón de atún).....	€ 4.00
Salad of vegetables & octopus (salpicón de pulpo).....	€ 4.50

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