

BREAKFAST



CASAS RURALES - RESTAURANTE

+34 922 804 201

www.grupogarneg.com

lashayas@grupogarneg.com

Casas Rurales y Restaurante Tradicional
Ctra. Las Hayas, 13, 38870
Valle Gran Rey (La Gomera)
Islas Canarias - España



BREAKFAST MENU

Walker's breakfast menu

(scrambled eggs, bacon, two slices of toast, goat cheese, gofio kneaded with honey, orange juice and coffee and milk)..... € 7.00

Mediterranean breakfast menu

(two slices of toast, butter, marmalade, honey, cooked ham, orange juice and coffee with milk)..... € 6.00

Fitness breakfast menu

(Greek yoghurt, oatmeal, honey, nuts, orange juice, banana and coffee with milk)..... € 5.50

Spanish breakfast menu

(slice of toasted bread with Serrano ham and tomato with olive oil and coarse salt, orange juice and coffee with milk)..... € 4.50

Chic-Love menu

(slice of avocado, boiled ham and rocket, coffee with milk, orange juice and glass of champagne)..... € 7.00

Brunch menu (2 pax)

(glass of champagne, orange juice, coffee, a selection of breads, butter, strawberry jam, cream cheese, smoked salmon, scrambled eggs, serrano ham, tumaca, avocado)..... € 20.00



CASAS RURALES - RESTAURANTE

+34 922 804 201

www.grupogarneg.com

lashayas@grupogarneg.com



SNACKS

Chees and ham.....	€ 2.00
Ham and tomato.....	€ 2.50
Canarian ham and tomato.....	€ 3.00
Canarian ham and goat cheese.....	€ 3.00
Serrano ham and olive oil.....	€ 2.50
Serrano ham, tomato and olive oil.....	€ 3.00
French omelette.....	€ 3.00
Spanish omelette.....	€ 3.50
Chicken.....	€ 3.00
Carne mechada (larded meat).....	€ 3.00
Bacon with salad.....	€ 3.00
American.....	€ 3.00
Loin, cheese and salad.....	€ 3.00

SANDWICHES

Mixed sandwich	€ 2.00
American sandwich.....	€ 3.00

TAPAS

Spanish omelette.....	€ 3.00
Spanish potato salad (ensaladilla rusa).....	€ 3.00
Salad of vegetables & tuna (salpicón de atún).....	€ 3.00
Salad of vegetables & octopus (salpicón de pulpo).....	€ 3.50



CASAS RURALES - RESTAURANTE

+34 922 804 201

www.grupogarneg.com

lashayas@grupogarneg.com



+34 922 804 201

www.grupogarneg.com

lashayas@grupogarneg.com

Casas Rurales y Restaurante Tradicional
Ctra. Las Hayas, 13, 38870
Valle Gran Rey (La Gomera)
Islas Canarias - España